

# Kathy's Garden and Grove

*Kathy's Garden is located in Stanley Park, Toronto, Ontario  
The following provides information on its background, development, and example plants.*

This garden celebrates Kathy Andrachuk, the much-missed past president of the Horticultural Societies of Parkdale and Toronto. With the help of Toronto Parks, Landscape Ontario's Toronto Chapter, grade 1 & 2 students at Niagara Public school, and private donors we have created a beautiful legacy for Torontonians.

Kathy's Garden is a Pollinator Garden. We planted native wildflowers, shrubs, and trees. All of them bloom and provide food and shelter for pollinators such as bees, butterflies, and birds.

There are more than three dozen species of native perennial wildflowers in the garden. Peak bloom is in July-September, but there are flowers from early April until frost. Ten species of native trees and shrubs bloom from April until August, and give brilliant leaf colors in fall.

Did you know many of the trees here in the north end of Stanley Park are dying? The Austrian pines have a fungal disease and borer beetles are killing the Ash trees. We have planted native trees that will grow up under the pines and replace their shade when the pines die.

We paid the city to install park benches above and below the garden – we hope you enjoy them! The upper bench is next to the young Tulip Tree we planted that will give it welcome afternoon shade in a few years.

All gardens need some weeding and pruning to stay in good shape. If you would like to help with this work and learn about native plants, talk to a volunteer.

The best things in life take time. We started the garden in May 2018. It bloomed beautifully later that summer, but we've been adding new plants ever since. They are increasing in size, and by summer of 2020 will cover all the ground. This will drastically reduce weed growth and make maintenance easier. Once our native plants have their roots down, they need no watering! Our garden stays green and healthy without fertilizers or mulches, with just rainfall.

We acknowledge that this garden is on land occupied by Canada's Indigenous peoples, and are grateful that we could be across the street from Meegwetch Place. All of the plants here have their own history of use by Indigenous peoples. Can you find the sage plant used in smudging ceremonies? Do you recognize the tobacco plants domesticated by Indigenous peoples? What about the purple coneflowers whose roots heal?

**Bashkodejiibik. <sup>u</sup>DUŕ^b\_x**

Sage (for smudging, not eating)

*Artemisia ludoviciana*

**Asemaa <sup>u</sup>L**

Tobacco (for ceremony, not cigarettes)

*Nicotiniana tabacum*

**Perennials** (in order of bloom spring to fall)

1. *Sanguinaria canadensis*, Bloodroot
2. *Uvularia grandiflora*, Bellwort
3. *Geum triflorum*, Prairie Smoke
4. *Viola sororia*, common Blue violet
5. *Polygonatum biflorum*, Solomon's Seal
6. *Camassia cusickii*, Wild Hyacinth
7. *Penstemon digitalis*, Foxglove Beardtongue
8. *Penstemon hirsutus*, Hairy Beardtongue
9. *Amsonia tabernaemontana*, Bluestar
10. *Aquilegia canadensis*, Canada Columbine
11. *Asclepius incarnata*, Swamp Milkweed
12. *Fragaria virginiana*, Wild Strawberry
13. *Physostegia virginiana*, Obedient Plant
14. *Verbena stricta*, Hoary Vervain
15. *Anaphalis margaritacea*, Pussytoes
16. *Allium cernuum*, Nodding Onion
17. *Echinacea pallida*, Pale Purple Coneflower
18. *Oenothera biennis*, Evening Primrose
19. *Filipendula rubra*, Queen of the Prairie
20. *Monarda punctata*, Spotted Beebalm
21. *Monarda fistulosa*, Beebalm or Wild Bergamot
22. *Hibiscus moscheutos*, Swamp Rosemallow
23. *Veronicastrum virginicum*, Culver's Root
24. *Coreopsis verticillata*, Pot-of-Gold
25. *Liatris spicata*, Dense Blazingstar
26. *Physostegia virginiana*, Obedient Plant
27. *Monarda didyma*, Red Bergamot
28. *Coreopsis tripteris*, Tall Coreopsis
29. *Heliopsis helianthoides*, Sweet Oxeye
30. *Pycnanthemum verticillatum*, Hairy Mint
31. *Symphotrichum urophyllum*, Arrow-leaved Aster
32. *Desmodium canadense*, Showy Tick Trefoil
33. *Pycnanthemum virginianum*, Virginia Mountain Mint
34. *Symphotrichum oolentagiensis*, Sky blue Aster
35. *Eurybia divaricata*, White Wood Aster
36. *Aster novae-angliae*, New England Aster
37. *Doellingeria umbellata*, Flat-topped White Aster
38. *Solidago flexicaulis*, Zig Zag Goldenrod
39. *Gentian andrewsii*, Bottle Gentian

**Trees and Shrubs** (in order of bloom spring to fall)

1. *Amelanchier*, Serviceberry
2. *Cercis canadensis*, Redbud
3. *Liriodendron tulipifera*, Tulip Tree
4. *Aesculus glabra*, Bottlebrush Buckeye
5. *Cladastris lutea*, Yellowwood
6. *Calycanthus floridus*, Allspice
7. *Liquidambar styraciflua*, Sweet Gum
8. *Cornus alternifolia*, Pagoda Dogwood
9. *Physocarpus opulifolius*, Ninebark
10. *Clethra alnifolia*, Summersweet

<p><b>Hairy Beardtongue</b> <i>Penstemon hirsutus</i></p> <p>Feeds:</p> <ul style="list-style-type: none"> <li>• Long-tongued bumblebees</li> <li>• Butterflies</li> <li>• Hummingbirds</li> </ul>	<p><b>Foxglove Beardtongue</b> <i>Penstemon digitalis</i></p> <p>Feeds:</p> <ul style="list-style-type: none"> <li>• Long-tongued bees</li> <li>• Butterflies</li> <li>• Hummingbirds</li> </ul>
<p><b>Canada Columbine</b> <i>Aquilegia canadensis</i></p> <ul style="list-style-type: none"> <li>• Grows full sun to part shade</li> <li>• Attracts hummingbirds</li> </ul>	<p><b>Prairie Smoke</b> <i>Geum triflorum</i></p> <ul style="list-style-type: none"> <li>• Grows full sun</li> <li>• Spring flowering</li> <li>• Very attractive seed “whiskers”</li> </ul>
<p><b>Allspice, Sweetshrub</b> <i>Calycanthus floridus</i></p> <ul style="list-style-type: none"> <li>• Fragrant flowers and bark</li> <li>• Long summer bloom</li> <li>• Will fill this area in a few years!</li> </ul>	<p><b>Swamp Milkweed</b> <i>Asclepias incarnata</i></p> <ul style="list-style-type: none"> <li>• Fragrant flowers can be pink, red, white</li> <li>• Attracts many kinds of pollinators</li> <li>• Monarch butterfly caterpillars eat leaves</li> <li>• Does <b>not</b> run around the garden the way common milkweed does – stays where you put it!</li> <li>• One of Top 10 pollinator perennials</li> </ul>
<p><b>Willow Bluestar</b> <i>Amsonia tabernaemontana</i></p> <ul style="list-style-type: none"> <li>• Pale blue or white flowers</li> <li>• Lovely leaves turn golden in fall</li> </ul>	

\*All information provided by:  
Clement Kent, Horticultural Societies of Parkdale and Toronto, Department of Biology, York University